**Lesson 6 (1 day) – Food Insecurity Locally**

**California Health 7/8 Standards -**

* **1.1N Describe the short and long term impact of nutritional choices on health**
* **1.5N Differentiate between diets that are health-promoting and diets linked to disease**
* **1.6N Analyze the caloric and nutritional value of foods and beverages**
* **2.2N Evaluate internal and external influences on food choices**
* **7.1N Students will explain why food choices are limited by resources, culture and geography**

**Objective- Students will know what a food desert is and how this impacts an individual’s health as well as the community.**

**Anticipatory Set -** Students will be asked to write on the following journal prompt “Do you think that the United States has problems with food insecurity?”

**Activity –**

* Class will read about food insecurity in United States <http://www.ers.usda.gov/publications/err-economic-research-report/err141.aspx> .
* Discuss and define “Food Deserts” as described by CDC <http://www.cdc.gov/Features/FoodDeserts/> .
* Students will then identify food deserts locally using the USDA’s Educational Research Service food desert map <http://www.ers.usda.gov/data-products/food-desert-locator.aspx> .
* Classroom discussion on results and why food deserts occur in areas near them, and how does this create lasting problems for the individuals and community?
* Students will read “Can “Pop Up” Grocery Stores Solve the Problem of Food Deserts?” After reading students will be asked to reflect if this is a viable option to solve the problem, and why?

**Assessment –**

* Students will brainstorm possible solutions to food deserts with a partner. Solutions will be compiled as an entire class. Solutions will be kept up in the classroom for further consideration as unit is completed for action plan.