**Lesson 3 (1 day) – Hungry Planet Photo Gallery**

**California Health 7/8 Standards –**

* **2.2N Evaluate internal and external influences on food choices**
* **7.1N Students will explain why food choices are limited by resources, culture and geography**
* **1.11P Describe global influences on personal and community health.**
* **1.10P Identify human activities that contribute to environmental challenges (e.g., air, water and noise pollution)**
* **1.11P Describe global influences on personal and community health**

**Objective – Students will identify food from various regions of the world, and draw conclusions of the availability of food in those regions of the world. Students will compare their own diet to those in other regions of the world.**

**Activity -** Students will access images from <http://www.time.com/time/photogallery/0,29307,1626519,00.html> What the World Eats, Part I Time Magazine photographs from “Hungry Planet”.

* Students will compare what they eat to those in other parts of the world from the photos.
* Students will complete a class chart prepared with headings Country, Number of Family Members, Cost of Food per Week in U.S. dollars, Predominant Food Groups, Estimate Ratios of Natural to Processed Foods. Chart will be completed while viewing the photos.
* Discuss as a class how culture, personal taste, economics and availability affect food choices.
* Have students reflect and share out on
  + How do you think your consumption habits compare with people around the world?
  + What did you notice about food in different parts of the world?
  + What (if any) connection is there to the amount of processed food and cost of food? Why?
  + How do you think your consumption habits compare with people around the world?
  + What did you notice about food in different parts of the world?

**Assessment –**

* Students write a personal reflection on the following questions - What responsibility do we have for people, locally and globally, who do not have the food resources they need for a healthy diet? If we are responsible, how can we address the issue for the common good?
* Students will create a word cloud at [www.wordle.net](http://www.wordle.net) from their reflections.